

# Eating Disorders **PREVENTION, EARLY INTERVENTION & PEER SUPPORT** in BC

## Audiences



INDIVIDUALS



FAMILIES



CARE PROVIDERS



EDUCATORS

## Services



EDUCATION



AWARENESS



PREVENTION &  
EARLY INTERVENTION



SERVICE  
NAVIGATION



PEER  
SUPPORT

## Jessie's Legacy



A non-profit program that promotes eating disorders awareness, provides educational resources, and offers prevention services and service navigation for individuals, families, educators & health professionals.

## Looking Glass Foundation for Eating Disorders



A non-profit foundation that supports individuals of all genders, aged 14+, at all stages of recovery. Services include confidential one-to-one and small group peer support programs, scholarships, and support for caregivers. These low barrier programs are available province-wide, and no clinical diagnoses or referrals are required.

## Kelty Eating Disorders



A website that provides free eating disorders educational resources and service navigation support to individuals, families & care providers across BC.

These organizations contribute to the eating disorders continuum of care in BC by providing prevention and early intervention services and supports, as well as programs for individuals at all stages of recovery. They help to reduce the burden on secondary and tertiary care services and to improve outcomes for individuals and care providers.